



# Poverty and Children's Self-Regulation: Scientific Inquiry and Prevention

Friday, March 15; 12:10-1:30pm Andrews Conference Room, 2203 SS&H



**C. CYBELE RAVER** is Vice Provost of Academic, Faculty and Research Affairs, and Professor of Applied Psychology at New York University. Dr. Raver examines the mechanisms that support children's self-regulation in the contexts of poverty and social policy. Self-regulation is the ability to control and direct one's own feelings, thoughts, and actions; it can be as simple as a child raising her hand when asking a question in class, or as complex as a child controlling his feelings when frustrated or angry.

Dr. Raver and her research team currently conduct CSRP, a federally-funded RCT intervention and she regularly advises local and federal government agencies and foundations on promoting school readiness among low-income children. She has received a William T. Grant Faculty Scholar award as well as support from the Spencer Foundation, the MacArthur Foundation, the National Institutes of Health, and the National Science Foundation. Raver earned her Ph.D. in developmental psychology from Yale University.

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